



Shana King is a makeup artist, co-founder of *adesign* brushes, and a first-time mom. She's passionate about educating others in cosmetic application, emphasizing simplicity and fun in any beauty regimen.

Holiday highlights

How to give your skin a sparkling boost, just when it needs it most

If you're pregnant, you already have glowing skin, so you'll just want to add subtle touches of light to certain areas of the face. You can use either a liquid- or powder-based highlight product. If you regularly use powder, make sure to dust off any excess before you begin.

1 Place the highlight product along the top of the cheekbone and continue to apply around the outer corners of the eye. This enhances your cheekbones and reflects the light, giving you a soft, pretty glow. **Smashbox Artificial Light Luminizing Lotion**, \$24, smashbox.com

2 To instantly open up your eyes, use a light-colored eye shadow in white, gold, or cream. Apply a small amount to the tip of your makeup brush and gently press the shadow into the inner corner of your eyes. **Cargo EyeLighter in White**, \$20, amazon.com; **Sephora Eye Shadow in Wedding and French Gold**, \$12 each, sephora.com; **adesign Eye 4 Brush**, \$18, adesignbrushes.com

3 To boost your body's glow, too, blend a shimmer powder or a liquid highlighter into your body cream. **Beauté de Maman Face & Body Cream**, \$25, beautedemaman.com ●

“When you take care of yourself, it means good things for both you *and* your baby.”

